Electric Heat Pumps – Technology Intro

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Basic Categories

- Ducted / non-ducted (mini-split)
- Conventional / cold climate



Cold-Climate Heat Pumps

Conventional technologies – under high "lift" of cold outdoor conditions discharge temperatures get very high, capacity falls, COP (efficiency) falls.

Heat loads are higher than cooling loads – a heat pump sized for heating is oversized for cooling, leading to cycling and reduced summer performance.

Heat pumps commonly use indoor unit electric heat to supplement output under very cold conditions Technical approaches to improved cold climate performance

Variable speed compressor (inverter)

Vapor injection cycle

multi-stage compressors

demand-based defrost vs timing based defrost

improved outdoor unit heat transfer (heat exchanger size, fin density)

NEEP – (Northeast Energy Efficiency Partnership) – maintains a specification for what is a cold climate heat pump and list of the performance of qualifying units (fee-based for manufacturers)



Vapor Injection Cycle





https://www.sciencedirect.com/science/article/pii/S0140700713001175

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Example minisplit - MHi



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Example minisplit - MHi





Example minisplit - MHi





Example Ducted - York





Example Ducted - York





Example Ducted - York





Air-to-water heat pumps

Example performance at 30 F outdoor temperature.





Observations from NORA Integrated Heat Pump/Hydronic Field Study

- Minisplits installed mostly for solving problems in parts of homes, emphasis on cooling.
- Manual switchover between heat pump and oil-fired hydronic, not done consistently;
- Recovery from night or away setback takes a very long time. Under cold conditions defrost very frequent.

